

Webinars, Seminars, Conferences & Classes for Caregivers and Professionals

Updated November 2022

- Upcoming Presentations
- Ongoing and On-Demand Presentations

Upcoming Presentations

“Why Do They Do That?” Understanding Symptoms and Situations of Dementia

November 1, 11:00 AM – 12:00 PM CT

Presenter: Teepa Snow, MS, OTR/L, FAOTA Owner & Founder: Positive Approach to Care

Kicking off Alzheimer’s Awareness Month, this webinar is designed to help attendees understand why people living with dementia may sometimes say or do things that are unexpected or challenging. It will address some of the many changes that occur in the brain during the progression of the disease, and how these changes contribute to responses and reactions. Attendees will gain awareness of the factors that contribute to interactions when dementia is involved and learn practical ways to improve these interactions.

[Register Now](#)

Sponsor: [Alzheimer's Foundation of America](#)

Powerful Tools for Caregivers

6 Wednesdays, November 2 – December 7 | 3:00PM – 4:30 PM CT

Powerful Tools for Caregivers® helps family and friends caring for older adults with long-term health conditions develop the skills and confidence to better care for themselves while caring for others. The weekly topics range from reducing your stress to communicating in challenging situation and mastering caregiving decisions.

Location: Bethlehem Lutheran Church in the Midway, Fireside Room
436 N. Roy Street St Paul, MN 55104

Class Leaders: Cheryl Lanigan, Lynn Amon

Cost: Donations appreciated

Schedule: Every Wednesday from November 2 through December 7 | 3:00 – 4:30 PM CT

[Click here](#) to register.

For more information contact Lisa Brown at (651) 632-5320 or caregiving@lyngblomsten.org

Navigating the Caregiver Journey - Part Two

Conversations with Dr. Tam Cummings Education Series for the Dementia Caregiver
Nov 3, 10:00 AM CT

Speaker: Tam Cummings, Ph.D., Gerontologist, Author, Untangling Alzheimer's: The Guide for Families and Professionals

A major concern for family caregivers of persons living with dementia is anticipating what will happen next and how to plan for the disease's progression. This webinar will discuss care and more unexpected twists and turns as the person with dementia advances towards the latter stages of the disease.

[Registration Information](#)

[Arden Courts - Promedica Memory Care](#)

Let's Talk Medicare - with Sheletta Brundidge

November 5, 10:30 AM to Noon CT

Medicare can be complicated and it's important that you get the coverage that's right for you. Join our friends from Trellis for this community event, and get your questions answered by Senior LinkAge Line® specialists. Lunch is included!

[For more information and to register](#)

[Senior Linkage Line](#) and [Trellis](#)

A Conversation about Voluntarily Stopping Eating and Drinking (VSED) and Dementia

Thursday, November 10, 2022, 6:00 - 7:15 PM CT

First Unitarian Society (900 Mount Curve, Minneapolis) or Online (stream link sent upon registration)

Compassion & Choices is working to raise awareness about the option of voluntarily stopping eating and drinking for a decisionally-capable adult who would like to reduce the length of time they suffer from any terminal disease including progressive diseases such as dementia.

Speakers:

Cheryl Harms Hauser moved to Minneapolis in 1974 and fell in love with Chain of Lakes and the vibrant art scene. She put down roots and raised her family here. Cheryl was diagnosed with Alzheimer's disease in 2019 and is now focused on the people and activities that bring her joy.

Wendy Longacre Brown is a certified end-of-life doula and legacy creator, trained by the International End-of-Life Doula Association. She provides emotional, educational, and spiritual support honoring every path one might choose for their end-of-life journey. She is a founding member of the Minnesota Death Collaborative.

RSVP: [Click or tap here to register](#)

Sponsor: [Compassion & Choices](#)

Let's Talk About Dementia and Culture

Tuesday, November 15, 2022 | 12:00 – 3:30 PM CT

Dementia affects every community, but not in the same way. Join us for a conversation about disparities, different needs, and specific strengths in many cultural and linguistic communities. Dementia educators and advocates in Black/African American, Chinese, Brazilian/Portuguese, Haitian Creole, Spanish-speaking, and Southeast Asian communities, as well as those working with people with intellectual/developmental disabilities, will share their insights and experiences.

Come learn with us, as we work to raise awareness about dementia and make sure that information and support is available in all of our communities.

Free Webinar - donations accepted. There is an added fee for CEUs.

Interpretation: Simultaneous interpretation will be available in Mandarin, Portuguese and Spanish.

DETAILS AND REGISTRATION:

- Please visit <https://www.jfcsboston.org/About/Community-Programs/Upcoming-Events/virtual-dementia-symposium-2022> for more information.
- Register here: www.bit.ly/dementiasymposium22
- Sponsorship opportunities: [click here](#)

Let's Talk about Dementia and Culture 2022, led by [Dementia Friends Massachusetts](#), is a program of [Jewish Family & Children's Service](#) of Greater Boston. It is co-sponsored by the [Alzheimer's Association MA/NH Chapter](#), [Dementia Action Alliance](#), and [National Council of Dementia Minds](#). Thank you to [Point32Health Foundation](#) for supporting Dementia Friends Massachusetts' "road to representation," and this symposium.

Questions? Please contact bsoltzberg@jfcsboston.org

Seizing the Opportunity to Develop Dementia Programs: Successful program funding, planning, and delivery.

November 15, 1:00 – 2:00 PM CT

In this webinar, Erin Long of the Administration for Community Living and Sari Shuman of the National Alzheimer's and Dementia Resource Center will describe the Administration on Aging/Administration for Community Living Alzheimer's Disease Programs Initiative (ADPI) grants. The presentation will include a discussion of the ADPI program and describe the ADPI grant planning process and related expert technical assistance provided throughout the grant period. The benefits of developing dementia programs that are tailored to the needs of your specific community will be highlighted. The webinar will also include insights from existing and prior ADPI grantees about their experiences developing and implementing their dementia pilot projects.

Additional information about this webinar and the registration form can be found here:

[11-15-22 NADRC Webinar Registration](#)

Please note:

- National Alzheimer's and Dementia Resource Center (NADRC) webinars are free of charge and open to the public.
- NADRC webinars are recorded and will be available for viewing at <https://nadrc.acl.gov/>.
- Pre-registration is required to attend the live webinars.
- Closed captioning is available during the live event and is included in the recording for all NADRC webinars.

If you have questions, please contact Sari Shuman at sshuman@rti.org.

Sponsor: [National Alzheimer's and Dementia Resource Center](#)

D-CAN Fall Dementia Caregivers Conference 2022

November 19, 7:30 AM - 2:00 PM CT

(Exhibitor hall opens at 7:30 AM, Program starts at 9 AM)

St. Cloud State University, Atwood Center Ballroom & Virtual (You choose your preference)
(Free event parking provided for registered attendees)

You are invited to the Dementia Caregivers Conference hosted by D-CAN. Come hear experts share insights about caregiver health and the dementia care system, meet dementia-related businesses in the exhibitor hall, and enjoy a complimentary boxed lunch.

The Dementia Caregivers Conference will be moderated by Dr. Pat Zook MD, founder of D-CAN with keynote speaker Dr. Joseph E. Gaugler, PhD, from the University of Minnesota and other panel experts.

No cost - Event admission & box lunches covered by generous sponsors

For more information: [Click here](#).

To register: [Click here](#).

Sponsor: [Central Minnesota Dementia Community Action Network](#)

Ongoing and On-Demand Presentations**AARP: Disrupt Dementia**

Sparking bold new solutions for the world's brain health crisis

[Dementia: Signs, Symptoms, Stages & Treatment](#)

Alzheimer's Association

Missed a past episode of ALZ Talks? View previous ALZ Talks virtual webinars on the Alzheimer's Association's YouTube Channel.

[Watch Now](#)

Alzheimer's Association International Conference 2021 – Highlights

[Conference Overview](#)

Alzheimer's Foundation of America

[Alzheimer's Foundation Webinars](#)

Alzheimer's Foundation of America - Fireside Chats

An eight-part educational and informational web series designed to raise awareness about Alzheimer's and related dementias, the symptoms associated with these diseases, healthcare disparities, and resources available to help. Each episode featured a topical discussion with AFA's President & CEO and an expert from AFA's Medical, Scientific, and Memory Screening Advisory Board.

All programs are free and open to family caregivers, professionals, clinicians, and anyone else who wants to learn more.

Program topics/air dates

Episode 1 (March 18, 2022): Neuropsychiatric Symptoms

Episode 2 (March 31, 2022): Agitation & Psychosis

Episode 3 (April 12, 2022): Depression & Sleep Problems

Episode 4 (April 27, 2022): Neuropsychiatric Systems: A Caregiver's Perspective

Episode 5 (June 10, 2022): Cultural Disparities

Episode 6 (June 23, 2022): Healthcare Disparities for Veterans

Episode 7 (July 7, 2022): Healthcare Disparities for Women

Episode 8 (July 22, 2022): Healthcare Disparities for the Elderly

View recordings of these episodes by [clicking here](#).

[AFA - Alzheimer's Foundation of America](#)

Alzheimer's Speaks

A wealth of resources from and about people living with dementia.

Alzheimer's Speaks [Home Page](#)
[Alzheimer's Speaks Radio](#)
[Dementia Chats](#)
[Dementia and the Arts](#)
[Memory Cafes](#)
[The Purple Angel Project](#)
[Becoming Dementia Friendly](#)
[Poetry & Articles](#)
[Free Tools](#)
[A Variety of Video Play Lists](#)
[Dementia Map Global Resource Directory](#)

American Society on Aging

[American Society of Aging Web Seminars](#)

Arden Courts – Promedica Memory Care

[Virtual Events - Upcoming and Past Programs](#)

[The ABCs of Frontotemporal Dementias - Tam Cummings Webinar](#)
[The ABCs of Lewy Bodies and Parkinson's Disease Dementia – Tam Cummings Webinar](#)
[The ABCs of Dementias of the Alzheimer's Type – Tam Cummings Webinar](#)
[The ABCs of Vascular Dementia - Tam Cummings Webinar](#)

[Arden Courts – Promedica Memory Care](#)

Behaviors: Awareness, Attitude, and Action

Dr. Daniel Kaufer Memorial Caregiver Conference
 Dementia Alliance of North Carolina

Recordings from this conference are now available.

For many caregivers, the most stressful part of the dementia journey is managing behavioral changes. This two-day conference focuses on awareness, attitude, and action to increase behavioral understanding and empower your response. While looking at behaviors through a Lewy Body dementia lens, this on-line conference will help anyone who is experiencing behavioral challenges in dementia care.

This caregiver conference took place on February 10 & 11, 2021 and featured Authors Helen and Jim Whitworth and Pat Snyder and Dr. Trey Bateman of the Wake Forest School of Medicine.

[Conference Playlist](#)

Note: The sessions are listed in reverse order on the Playlist. The correct order is:

1. Behavioral Symptoms in Dementia with Dr. Trey Bateman
2. Responsive Dementia Care: Fewer Behaviors, Fewer Drugs with Helen Whitworth
3. Your Attitude Can Change Your Story with Pat Snyder
4. Choosing Action with Helen Whitworth
5. Your Actions Can Change Your Story with Pat Snyder
6. Panel Discussion and Q&A with Dr. Trey Bateman, Helen Whitworth and Pat Snyder
7. Congratulations to Pat Snyder - Outstanding Service Award

Caring for People with Memory Loss

University of Minnesota - School of Public Health

The goal of this conference is to provide information, support, and education for adult children, spouses, parents, health and community care providers, and others concerned with caring for people with memory loss.

Recordings of the 2022 conference held on June 4, 2022 and other conferences from previous years are available by selecting the Past Conferences option.

[Caring for People with Memory Loss](#)

Dementia Alliance of North Carolina

[Educational Events Calendar](#)

Dementia: Caring & Coping

Dementia: Caring & Coping during the Pandemic - Second Series

These virtual events were presented by the **Roseville Alzheimer's & Dementia Community Action Team** in partnership with Lori La Bey's online show **Alzheimer's Speaks**. The series focuses on a variety of topics to help care partners and persons living with dementia. These presentations and interviews were broadcast on [Alzheimer's Speaks](#) with Lori La Bey on the fourth Wednesday of every month from April 28, 2021 to October 27, 2021. **They are now available on the [Series Two YouTube Playlist](#).**

Episode One**Dementia Research during the Pandemic - COVID and Cognition**

William H. Frey II PhD, Senior Research Director - Center for Memory & Aging, HealthPartners Neuroscience Center

Episode Two**What's your Plan? Legal Considerations when Facing a Dementia Diagnosis**

Leah Gilbert, J.D. Private practice attorney focusing on estate planning and elder law - Gilbert Legal, PLLC.

Episode Three**Dementia and Medical Care Decisions - Prepare your Family for What's Ahead**

Deborah Day Laxson, Author of "The Gray Zone: When Life Support No Longer Supports Life" and "The Fog Zone: Navigating the Space After Your Diagnosis" and founder of the Health Care Agent Literacy Project

Episode Four**The End of Life Journey**

Jeanne Bain, End of life navigator, dementia trainer and consultant. Jeanne is co-host of a podcast called "Death Unfiltered"

Episode Five**Your Path to Peace of Mind While Caregiving**

Pat Samples, Author of "Daily Comforts for Caregivers" and "Self-Care for Caregivers, A Twelve Step Approach" and other books, and a champion for creative aging.

Episode Six**Humor as a Tool for Caring & Coping**

Shannan Calcutt, Comedian, actor, and workshop leader, clown, comic act designer and acting coach with Cirque du Soleil in Las Vegas.

Episode Seven**Ambiguous Loss in a Time of Pandemic**

Pauline Boss, Ph.D., Author of "Loving Someone with Dementia" & "Ambiguous Loss" & "The Myth of Closure: Ambiguous Loss in a Time of Pandemic"

Dementia: Caring & Coping during the Pandemic - First Series

The first series of **Dementia: Caring & Coping during the Pandemic** presentations highlighted how organizations modified their programs and services for people living with dementia and their care partners due to COVID-19 and the creative ways that various organizations continued to provide services despite the challenges of [Series One YouTube Playlist](#).

Dementia: Caring & Coping during the Pandemic is sponsored by Alzheimer’s Speaks and Roseville Alzheimer’s & Dementia Community Action Team, the City of Roseville, and the Ramsey County Library system.

We give special thanks to the Friends of the Ramsey County Libraries for their support.

The Experience of Persons with Dementia in the Criminal Legal System

Final Report May 2022

American Bar Association Commission on Law and Aging in collaboration with NASMHPD Research Institute and The University of Virginia and Faculty from The University of Michigan

With funding from the RRF Foundation and in collaboration with the University of Virginia, the University of Michigan, the National Research Institute, University of South Carolina, and the Penn Memory Center, we have spent the last 18 months looking at the big picture of persons with dementia and the criminal legal system using the “sequential intercept model” that examines interaction along the process of the criminal legal system from first contact to long term corrections.

Read the report [here](#).

GCBH Behavior Change Webinar Series

The Global Council on Brain Health (GCBH) hosted a summer webinar series exploring the area of behavior change as it relates to brain-healthy lifestyles. This series of four webinars focused on the science of behavior change including brain health communication and promotion, lessons learned from implementing other public and brain health campaigns and initiatives, neuroeconomics, overcoming barriers to change and brain health equity. The webinars featured invited experts participating in a presentation/roundtable format with questions from the GCBH, moderated by GCBH staff.

Webinar 1: Communicating and Promoting Brain Health Behavior Change

Webinar 2: Implementing Brain Health Behavior Change – Lessons Learned

Webinar 3: Health Economics and Brain Health Behavior Change

Webinar 4: Barriers to Implementing Brain Health Behavior Change and Building Equity

[Watch replays](#) of this series exploring the science of behavior change and brain health.

Insights from Arthurs

Deb Nygaard, Director of Development at Arthur's Residential Care, narrates short one-to-three-minute videos that give some insightful tips on how you can interact more successfully with your loved ones who have dementia or Alzheimer's. 29 short videos provide information and resolutions for particular dementia behaviors.

[Insights from Arthurs](#)

Mayo Clinic Conference on Brain Health & Dementia

The Rochester Mayo Clinic Conference on Brain Health & Dementia was hosted virtually on Friday, October 29th in collaboration with AARP and the Alzheimer's Association. This conference was previously called **Meeting of the Minds** and was held annually at the Excel Center in St. Paul. Portions of the conference were recorded and are now available by [clicking this link](#). They are also available on the Mayo Clinic's Alzheimer's Disease Research Center's [Dementia Hub](#) which offers other resources you may find helpful, including videos about Lewy Body Dementia.

These are the sessions that were recorded:

- Opening Welcome
- Alzheimer's - The Truth About Where We've Been: A Vision to do Better
- Diverse & Underrepresented Populations: Addressing the Obstacles
- Brain Health & Dementia: The Science, the Research, and the Hope
- A Brighter Path Forward: The Community Answer
- HOPEFEST
- The Sights, the Sounds, and the Feels of Hope
- Reflections

Medicare Basics

During the COVID-19 pandemic, the Metropolitan Area Agency on Aging is offering these presentations using the Zoom video platform. Check [here](#) for dates and free registration.

Medicare 101: Selecting the Right Plan for You

Medicare can be complicated. We'll help demystify it and help you select the plan that works best for you. Learn about programs that could help you lessen your costs. You'll get non-biased advice; we don't sell, endorse or promote any insurance products.

Medicare Updates

Learn about the changes in Medicare benefits and coverage for the coming year, and how these changes affect you.

How the Senior LinkAge Line Can Help You

You have questions about housing, services that help you live safely in your home, financial support and more. We'll answer your questions and help you know about valuable resources and supports to keep you or a loved one living independently as you age.

Health Care Directives

This presentation will discuss what advance care planning is and what health care directives can do. We will not complete health care directives as part of this presentation, but attendees will be equipped with the knowledge, resources, and where to go for help to complete their directive. We explain who can be a health care agent and the responsibilities of that role. Examples of health care directives and important considerations will be shared.

Health Care Fraud: Preventing Medicare Fraud and Avoiding Scams

Learn to detect Medicare fraud and what to do if you suspect fraud. We discuss the top scams currently being directed towards older adults and how to avoid them.

If you don't find a presentation that works for you, call the Senior LinkAge Line at 800-333-2433 for help.

Memory Loss: A Guide to “What Now?”

Virtual introductory class presented by the Mayo Clinic for those recently diagnosed with memory loss, mild cognitive impairment, or any type of dementia. The class meets the second Wednesday of each month from 2:00-3:15pm Central Time. Please call or email Jodi for the Zoom link and for additional information about the support group and the class at 507-284-1324 or melius.jodi@mayo.edu

[Rochester Mayo Clinic](#)

Mindfulness-Based Dementia Caring

Mindfulness-Based Dementia Caring (MBDC) is an 8-week program specifically designed for family care partners of persons with dementia.

Learn how the practice of mindfulness can help you cope with the challenges and stresses of dementia care. The program includes interactive mindful care practices, gentle yoga, lectures, group sharing, and at-home assignments.

For program details, including program dates and times, please contact Angela Lunde at lunde.angela@mayo.edu or call (507) 538-4048

[Rochester Mayo Clinic](#)

Minnesota Gerontological Society

[MGS Conferences and Seminars](#)

National Alzheimer's and Dementia Resource Center Series

[Alzheimer's Resource Center Series](#)

Older Americans Act 101: The Foundation of the Aging Services Network

A new course is now available on ADvancing States IQ on the Older Americans Act. This course provides participants with an overview of key issues relevant to the Older Americans Act (OAA), a seminal piece of legislation that underpins the Aging Services Network and authorizes critical programs that support older adults. This course discusses the historical development, functions, and governance of the Act, its service programs, populations served, and funding. Older Americans Act 101 is aimed toward new, as well as seasoned, professional staff in the field of aging who would like a better understanding of the OAA.

This course is free and available to all users on ADvancing States IQ. To access the course, log in to ADvancing States IQ and search for the course Older Americans Act 101: The Foundation of the Aging Services Network. To log in or create an account, visit [Advancing States IQ](#).

Parkinson's Foundation Expert Briefings Web Seminar Series

[Parkinson's Expert Briefings](#)

Struthers Parkinson's Center – HealthPartners

[Classes and events for Parkinson's patients and caregivers](#)

Teepa Snow - Positive Approach to Care®

Teepa Snow and her Positive Approach to Care® Team share about dementia so that everyone can understand *why* this is happening and *how* to support those living with brain change in a more positive and respectful way. Teepa provides training for professional and family dementia care with in-person and virtual training sessions. Many free videos and resources are available on her website.

[Teepa Snow - Positive Approach to Care](#)

[Free Teepa Snow Videos](#)

World Dementia Council: Global dialogue on Prevention

The dementia landscape project: essays from international leaders in dementia.

[DLP - Essays - Prevention.pdf](#)